

Botanical Apothecary

This document is about historical observations and historical data relating to herbs. This document is neither complete nor intended to be a substitute for medical advice by licensed physicians. All readers should consult a physician regularly in all matters related to medical problems. This includes the diagnoses and treatment of disease and all other physical and mental conditions.



ARNICA: Excellent first aid for bruises, sprains, broken bones, or concussions - dribble onto and massage into area of injury until relieved. Provides significant benefit for emotional and physical trauma, emotional upsets, anxiety, and fright – apply 5-10 drops on each wrist, both temples, and back of neck. Excellent for sore throat – mix 10 drops with 1 Tablespoon of water and spray sore area.



BEE PROPOLIS: A very different substance from Bee Pollen, is an antioxidant that counteracts free radicals, a powerful anti-biotic, and an anti-putrefaction agent (coats and prevents dead and rotting cells from spreading in the body so they can safely be removed). It is also powerful as an anti-viral and anti-fungal agent.



BLUE FLAG: A very powerful lymphatic cleanser and liver regulator. It exerts a significant influence on all body fluids, digestive juices, blood stream, urinary flow, alimentary canal, and glandular secretions. It's major role is to clean body fluid.



CEDAR BERRY: Specific for restoring normal function of the pancreas, as well as destroying any “bad cells” within it. The pancreas is very important as it is the main digestive organ and normally keeps the entire body clean from any “bad cells”. When it is not functioning well, our body is in a much more vulnerable condition.



CHIPPEWA PINE: Outstanding natural source of Vitamin C; repairs connective tissue, and prevents the effects of premature aging; prevents colds and flu, eliminates free radicals.



CHUCHUHUASI: Very potent and popular Peruvian Indian remedy to build up immunity. Helps to stop flu and colds, prevent infections and reverse them. Used by both men and women to promote, restore and maintain “vigor of sexual activity.” The Peruvian Indians use it to repel mosquitoes of astronomical size.



CLAVA HUASCA: Historically used to increase a woman's sexual desire. This speaks for itself!



CLEAVERS: Used for epilepsy, seizures, cancer disorder & tumors, pancreas issues, kidney & urinary system, and glandular cleanser. It was this large, cushiony, herb that was reportedly used by Mary as bedding in the birth of Jesus and for the crib of Jesus as well.



COLTSFOOT: Used for chronic coughing, asthma, bronchitis, chest infections, hoarseness, and reducing the harmful effects of smoking.



CRANESBILL: Extracts mercury poisoning from heavy metal dental fillings. Also stops diarrhea, shrinks and dissolves tumors, relief for bleeding gums, benefits blood sugar issues, and restores the female system.



CUDWEED: A source of Organic Lithium (a naturally occurring metallic mineral). Used to correct emotional torment and erratic behaviors with impressive results, without the harmful side effects of medical Lithium



FALSE UNICORN ROOT: Used for Bright's Disease, blood sugar issues, prostate problems, male or female reproductive systems, and tape worms. Combined with CRAMPBARK, fertility has occurred in the most amazing cases.



GENTIAN: A powerful and invigorating tonic, as well as a highly effective digestive aid. Its roots contain a vast amount of condensed oxygen which provides an exhilarating tonic action. In German and Austrian pubs, GENTIAN is found on the shelf and offered as an immediate remedy for over indulgence!



GOLD THREAD: Used to reverse alcohol abuse, repair cancer sores, and heal stomach ulcers and canker sores. When combined half and half with GOLDENSEAL, the combination brings about disgust for alcohol. Historically, for those with a desire to stop alcohol abuse, 40 drops of this combination following nutritious meals brings about significant success.



GOLDEN BOUGH: A magnificent herbal leaf that does wonders for nerves worn to a frazzle. You know it's time for Golden Bough if you feel like crying when someone looks at you the wrong way! Historically this herb is used to lower blood pressure due to nervous tension and to correct problems with balance, nervous system instability, anxiety, paralysis, weak pulse, exertion fatigue, enlarged heart and water retention. In Germany, Golden Bough is given medically to post-operative cancer patients to raise immunity!



GRAVEL ROOT: Primary function is in the breaking up and dissolving of stones or uric acid crystals in the kidneys, bladder, gallbladder, and anyplace where stone deposits form in the body. Uric acid crystals often accumulate and deposit in the joints causing great agony due to nerve stress and poor diet.



GREASEWOOD: American Indians greatly utilized this herb as an antiseptic, antifungal, antibacterial and cleansing corrective. Jason Winter's Tea utilizes GREASEWOOD as an agent to dissolve tumors and cancers on the advice of American Indians. They also use this herb for weight-reducing, prostate trouble, skin and stomach cancer, leukemia, all cancers, arthritis, warts, chronic backache, bronchitis, and stimulation of normal hair growth.



GROUND IVY: Specific for removing lead poisoning from the body. The following are indications of lead poisoning listed in Taber's Cyclopedic Medical Dictionary: "Anorexia (chronic loss of appetite), nausea, vomiting, salivation, anemia, the lead line on the gums, purging, abdominal pains, muscle cramps, and pains in the joints. One of the most typical findings is the abdominal pain known as lead colic. There may be an impairment of any part of the nervous system, often leading to muscle atrophy (at'-ro-fee, wasting away) and the characteristic foot or wrist drop. Various blood changes may be found, especially the "stippling" of the red (blood) cells."



HIBISCOUS FLOWERS: Natural source of amazingly large amounts of two very valuable trace mineral elements, CHROMIUM and SELENIUM. These destroy dangerous cancer causing compounds in the body known as "free radicals".



HYSSOP: Used as a regulator of blood pressure, especially the reducer of high blood pressure as well as increased circulation. Hyssop is a Biblical Herb. In the Old Testament, Psalms 51:7 recommends the use of Hyssop for the cleansing and purification of the body. It has proven true that this herb sweeps away debris from every surface within the body and prepares it for absorption and elimination.



INKBERRY: Within its root is the particular ability to engage the entire glandular system to purge mercury from the body. It also has the distinction of dissolving cancers and tumors, and is taken by Native Americans as a preventative for cancers and tumors.



JEWEL WEED: Fantastic for the miseries of poison ivy and poison oak. Also moisturizes, tones, and protects the skin from irritation.



KNITBONE: Used for any external or internal damage to the body, and is a contact corrective, cell proliferate, and valuable source of organic Calcium. Knitbone is a remarkable healer and has proven its effectiveness in speeding up bone repair, regeneration of nerve and brain tissues, and all body soft tissues.



KUDZU ROOT: Commonly used to break alcohol addiction and known to be a significant benefit in tobacco withdrawal.



LAPACHO: aka. Pau D'arco. South American countries have reported Lapacho as having solved the following issues: anemia, leukemia, cancer of all types, lupus, inflammation of the reproductive organs, Hodgkin's, Parkinson's, colitis, arteriosclerosis, gastric problems, leucorrhoea, cystitis, hemorrhages,

prostate inflammation, polyps, psoriasis, and eczema.



MACA: known as an adaptogen as it nourishes the glandular control bridge of the brain. This includes the pituitary, hypothalamus, and pineal glands. Maca also encourages the entire glandular system to work efficiently and properly to balance all of their functions within the body.



MALE FERN: Used for ridding the body of parasites, including tapeworms, roundworms, and pinworms. The Center For Disease Control in Atlanta, Georgia, U.S.A., indicates that one North American in four suffers from one or more infectious parasites. This percentage is based on extensive research studies.



MEADOWSWEET: Pain reliever which is utilized as a natural “aspirin”.



MYRRH: A powerful binder of wounds and a healer of open wounds. Myrrh is very effective as an antibacterial, antiseptic, & antiviral. It also is extremely effective in raising one’s white blood count to fight infections and in improving the flow of a sluggish circulatory system.



OIL OF CAJEPUT: Powerful topical oil for bites, insects, parasites, allergies, pain, inflammation, mucus expectorant, canker sores, fungus, acne, congestion, cuts, sprains, muscle aches, venereal disease, sore throat, ear pain, and everything else you can think of!



PIPSISSEWA: Used for many chronic and baffling disorders with no apparent cause or cure. Such disorders may be due to a secondary or primary manifestation of venereal infections. These may have possibly been an inherited venereal taint or miasm. Pipsissewa is the key to solving such cases.



PLANTAIN: Number one herb for herpes, fever blisters, canker sores, and cold sores. It is also an excellent remedy for blood poisoning, insect bites, and snake bites.



POTENTILLA: For spongy or bleeding gums and ulcerations of the mouth. It is also very effective for the correction and prevention of dental plaque.



PURPLE LOOSESTRIFE: Greatly esteemed for the correction of eyesight and can be used in an eye wash for many vision issues.



PYGEUM BARK: Specific for reducing inflammation in the male prostate and normalizing of male hormones.



RUE: Topical application repairs connective tissue, carpal tunnel syndrome, aches and sprains. (DO NOT USE IF PREGNANT)



SANICLE: The American herbal practitioner, Jethro Kloss, described Sanicle in his monumental work “Back to Eden” in the following manner, “This is one of the herbs that could be called a cure-all, because it posses powerful cleansing and healing virtues both internally and externally.” Sanicle can actually seek out and find whatever needs correcting, and works on that area first. It can find it and fix it!!



SHEPHERD’S PURSE: For stopping bleeding anywhere in the body.



SPIKENARD: Known as a great blood purifier which alleviates many forms of acne. It also reduces uric acid build up which causes pain in the muscles and joints.



SPRING VIOLET: Acclaimed for many stubborn skin problems, ear disturbances, and problems with the throat and tongue. It is also used topically for headaches.



SUTHERLANDIA: Assists the body in rooting out and cleaning out viruses anywhere in the body, including old and dormant ones, and greatly enhances the immune system. This is a very effective and powerful herb and should be used in small quantities. Be sure to take a bowel cleaner to aid in removing the debris that Sutherlandia collects.



TART CHERRIES: Provides a natural form of melatonin which can provide the great service of aiding in a good night's sleep. It helps in regulating our biological clocks and plays a significant role in the aging process. Tart Cherries also helps to unclog arteries and assists in the shrinking of tumors.



VIRGINIA SNAKE ROOT: Neutralizes toxins and poisons of many kinds. In addition to bites, stings and toxic exposure, poisons are also given off from germs, viruses, parasites, fungi, etc. that may be living within the body. Just breathing polluted air and exhaust fumes are reason enough for Virginia Snake Root to be an addition to everyone's daily regime.